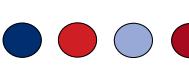
Expanding Possibilities – Enhancing Independence

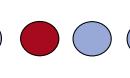
SONORAN UCEDD An Expressive Art Program as a Strength-Based Mutual Learning Community for University Center for Excellence in Disabilities University Students and Adults with Intellectual and Developmental Disabilities

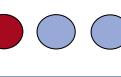
Yumi Shirai, PhD, Jacob Coldsmith, MPA & Austin Duncan, MPA



## **Abstract**









Education, Research and Service



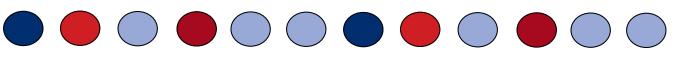
A qualitative participatory program evaluation was implemented in a university based expressive art program for adults with intellectual and developmental disabilities (IDD), ArtWorks. The ArtWorks' conceptual map describes the core values, functions, and key components of the program. This theory can be broadly applied within other university settings.

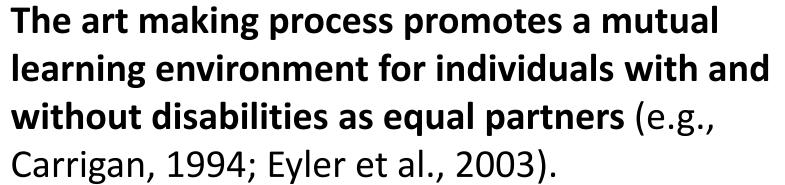


## Background









### **Expressive-art programs offer:**

- hands-on and research opportunities for university students
- creative opportunities for community members with IDD

However, these programs are often <u>limited to</u> Art Therapy students and not others.

### **ArtWorks:**

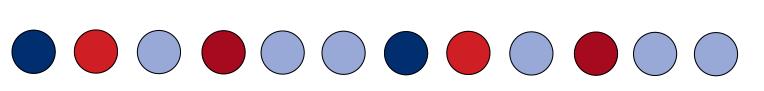
is an university based art program for adults with IDD as well as for university students in all majors although there are gaps exist in:

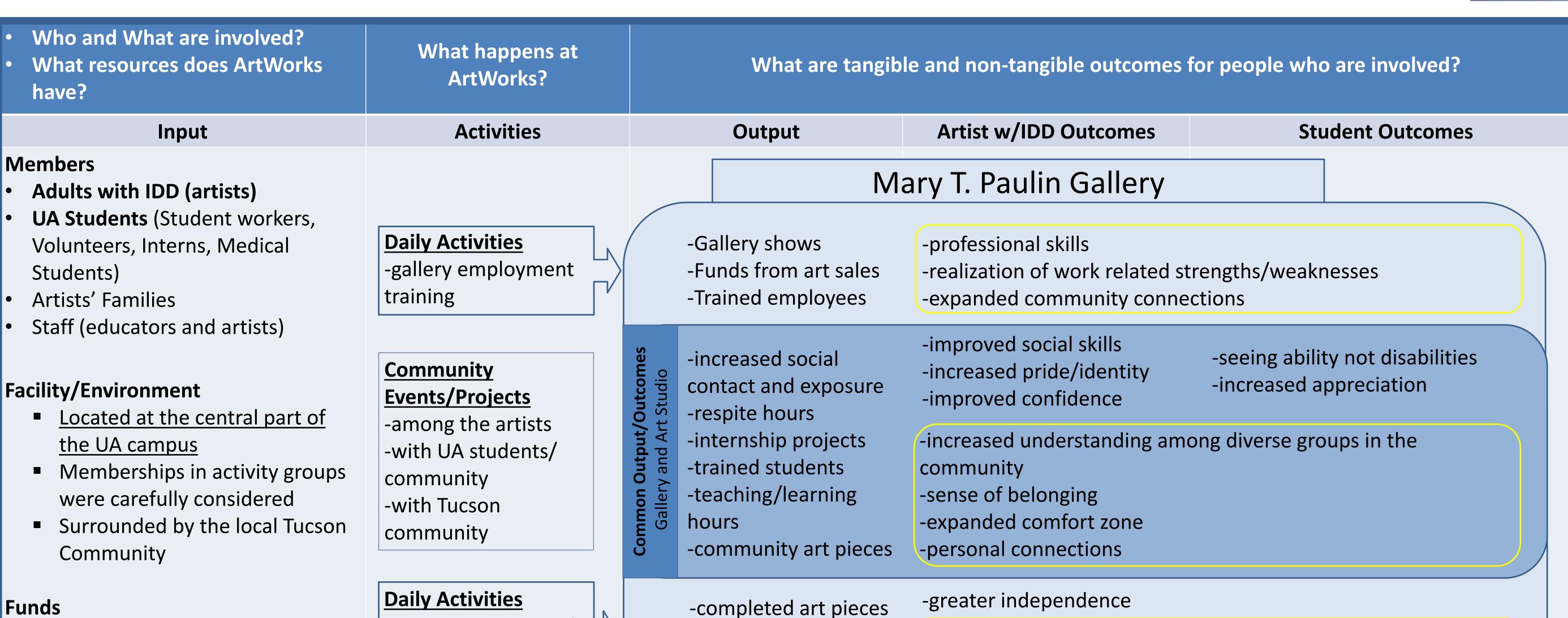
- Espoused Theories (What has been documented)
- Theories-in-USE (What is actually happening)

### **Current Study:**

A qualitative participatory program evaluation was implemented to extract the actual core principles of ArtWorks that can be applied within other university settings.

## Research Questions/Results (ArtWorks Conceptual Map)





pieces

-performing art

-trained artists



State DD Fund

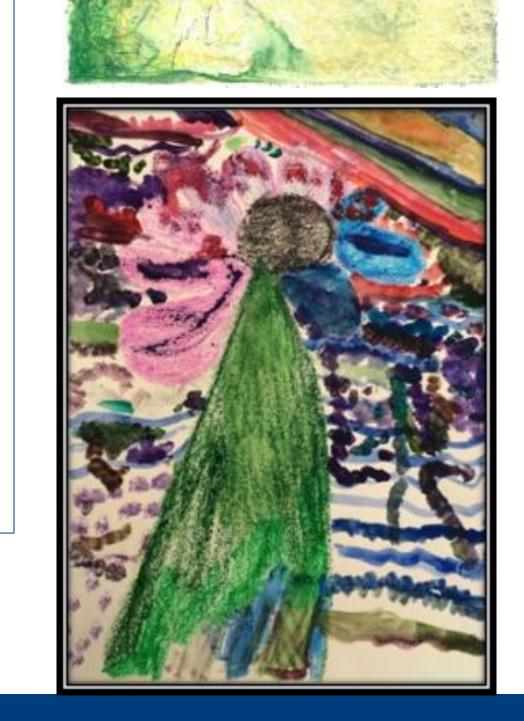
events

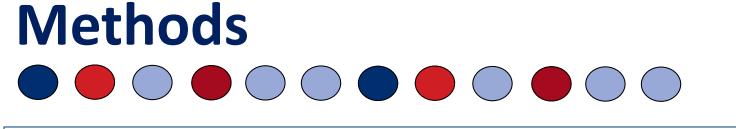
Federal Work Study Fund

Private Donations for additional

art materials and community

**Funds** 





-art composition and

-personal skill training

instruction

Phase	Description	Participant	N	Status
1	<ul> <li>Ethnographic Study</li> <li>Naturalistic observation</li> <li>Program document review</li> <li>Semi-Structured Interviews</li> </ul>	<ul> <li>Activities and events</li> <li>Brochures</li> <li>Staff and student workers</li> </ul>	<ul> <li>4-month, 3 hours per week</li> <li>10</li> </ul>	Completed
2	<ul> <li>Participatory Program</li> <li>Evaluation</li> <li>Three focus groups</li> <li>Group review (Member check)</li> </ul>	<ul> <li>Staff and student workers</li> </ul>	• 10	Completed
3	<ul> <li>Participatory Program</li> <li>Evaluation</li> <li>Three focus groups</li> <li>Group review (Member check)</li> <li>Family Member Survey</li> </ul>	<ul> <li>Participants with IDD</li> <li>Family members</li> </ul>	<ul><li>18</li><li>10</li></ul>	Data Collection



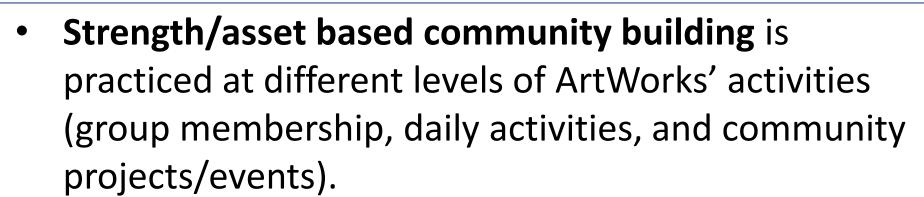
## ArtWorks Core Values & Long Term Impact

By Utilizing Expressive Creative Arts as Mediums, **Mutual Respect and Learning is the Core Value** of the ArtWorks Community To promote

- Greater inclusion of Adults with IDD in Community Life
- Greater Awareness of Normalcy of Individuals with IDD
- Improved Service Learning Opportunities for the University Students and the Local Community

# Conclusions





- ArtWorks key components [Gallery Business & Art Studio, Daily Activities, and Community Events] provide a wide range of skill and community building opportunities for all participants with different interests, strengths, and challenges.
- **ArtWorks location (center of the UA campus)** provides an important and necessary environment for high university student involvement and close mentorship by the faculty.

### **Unanticipated outcome**

 Many outcomes in the logic model that were initially identified for artists with IDD became common outcomes among the artists and the university students.





No potential conflict of interest regarding the manuscript. IRB Project No: 1510159823

-increased self expression opportunities

Sister Jeanne Carrigan Art Studio

-improved personal and interpersonal skills

-increased confidence acting in the community

